

## Payment Details

I enclose a cheque made payable to  
Finesse Leisure Partnership for:

£

or debit my Credit/Debit card for:

£

Cardholder's Name:  
(as per card)

Cardholder's Signature:

Card Number::

Expiry Date:

Start Date or Issue Number  
(debit card)

Cardholder's Address  
(if different to overleaf)

## Additional Information

### Photography:

Occasionally Finesse Leisure Partnership will take photographs at Stanborough Lake Watersports Centre for promotional purposes. If you DO NOT consent to photographs of yourself (or your child if booking for someone under the age of 18) being taken and used for this purpose, please tick here.

### SMS (Mobile telephone):

If you DO wish to receive communication via SMS on Stanborough Park Watersports or Finesse Leisure Partnership events and activities, please tick here

### Email:

Your email address will only be used for the purposes of confirming this booking or notifying you of changes. If you wish to receive future promotional emails, or our email newsletter, please tick here (you will be able to unsubscribe at any time)

Data Protection: Finesse Leisure Partnership complies with the Data Protection Act and the details you supply on this booking form will be held on computer and used for Finesse Leisure Partnership purposes only. We do not share data with 3rd parties. If you do not wish to receive further communication via post or telephone, please tick here.

*Finesse Leisure Partnership is committed to being accessible to all members of the local community. To help us achieve this, we would be grateful if you could provide us with the following information. How would you describe yourself?*

White

Black - African

Pakistani

Another ethnic group -  
please specify

Black - British

Black - Other

Bangladeshi

Black - Caribbean

Indian

Chinese

Return form to: Stanborough Park Watersports Centre, Stanborough Park, Stanborough Road, Welwyn Garden City, Herts AL8 6DQ  
*please complete the personal, course and medical details overleaf ...*

## For Office Use Only

RCT No

Date Paid

Method

Conf

Ent

*Please return this form in a stamped sealed envelope to:*

Stanborough Park Watersports Centre  
Stanborough Park  
Stanborough Road  
Welwyn Garden City  
Herts AL8 6DQ



### Health & Safety

All outdoor activities involve an element of risk, therefore for your own and other people's safety and enjoyment, please follow our few simple rules whilst taking part in our courses and activities.

**Buoyancy aids** - a correctly fastened CE Approved buoyancy aid must be worn at all times on the outside of any other clothing.

**Clothing** - wear sensible clothing (jeans are not appropriate) and bring a change of clothes and footwear, and a towel. If it is windy or cold, then a hat and warm jacket or fleece is advisable. If it is sunny, bring a hat and sun cream.

**Footwear** - always wear correctly fastened footwear appropriate for the activity, e.g. flat soled training shoes or plimsolls, not Wellingtons. NB bring a spare pair of shoes for after the activity.

**Medication** - on arrival inform your instructor if you are undergoing medical treatment

**Cuts/Wounds** - always cover cuts and wounds before going out on the lake

**Communication** - if you are cold, uncomfortable, injured or if equipment is damaged or faulty inform your instructor immediately. Always listen carefully to any instructions given by your instructor or any member of staff.

**Accidents and incidents** - including near misses, must be reported immediately to your instructor. Inform your instructor before your launch or return to shore.

**Capsize** - in the event of capsize, stay with your craft and wait for assistance

**Toilets and showers** - always inform your instructor before leaving the lake and/or lagoon area. Young people should go with a friend rather than alone.

**Eating/drinking** - is not permitted on the lake. Always wash your hands before consuming food and drink. If the weather is hot, bring a cold drink or a hot drink if it's cold.

**Smoking** - we operate a no smoking policy

**Alcohol** - is not permitted. Staff will refuse you access to the watersports centre if they suspect that you are under the influence of alcohol.

**Personal possessions and valuables** - do not leave your personal possessions in the changing rooms. Racks are available in the wet suit room. Valuables should be left at home; but they may be handed into Reception at your own risk

**Behaviour** - for your own safety, and the safety of others, please act responsibly at all times. Always be aware of your environment and put safety first. For your safety, your instructor will inform you of any particular hazards currently on our site.



## Booking Form

Bookings can be made by telephone with a credit/debit card. All participants must complete a booking form before starting an activity and if we do not receive your booking form within fourteen days of booking, your place may be lost. Please use one booking form per person and per course. If you need more booking forms, please contact us on 01707 276276 or download a form from our website. Please complete all sections in BLOCK CAPITALS. Finesse Leisure Partnership reserve the right to amend or cancel courses at anytime.

Forename:	Surname:	
Address:	Postcode:	Telephone (evening):
Telephone (day):	Date of birth:	Gender: Male / Female
Telephone (mobile):	Start Date	
Email address: (see overleaf)		
Course Code:		

### Medical Details

The following information is required for safety reasons only. It will not prevent you taking part in any course and will be used in complete confidence.

Are you receiving any treatment for, or do you suffer from, any medical conditions that might affect your participating in the activity?  Yes /  No

If yes, please give brief details:

I am confident in open water and/or I can swim:  Yes /  No

Emergency contact's name:  Emergency contact's number:

Relationship to participant:

I recognise that all outdoor activities involve some form of risk. I have read, understood and agree to abide by Stanborough Park Watersports Centre's Health & Safety rules and I (\*) will also follow instructions given to me by Stanborough Watersport's staff to minimise these risks. I understand insurance against personal injury or accident and/or loss or damage to personal belongings is the responsibility of the participant. Signing this form in no way compromises your legal rights, nor does it release Finesse Leisure Partnership (or our employees) from any of our obligations to you. We commit to ensure that your activity is safe and enjoyable. I understand that no money can be returned if I cancel a course booking unless I provide a medical certificate. (\*) or my child, if this form completed by a parent/guardian

Signature (parent or guardian if under 18)  Date

**please complete the payment details & diversity form overleaf...**  
Return form to: Stanborough Park Watersports Centre, Stanborough Park, Stanborough Road, Welwyn Garden City, Herts AL8 6DQ